



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Under the Pastoral Care of the Augustinians
Diocese of Broken Bay

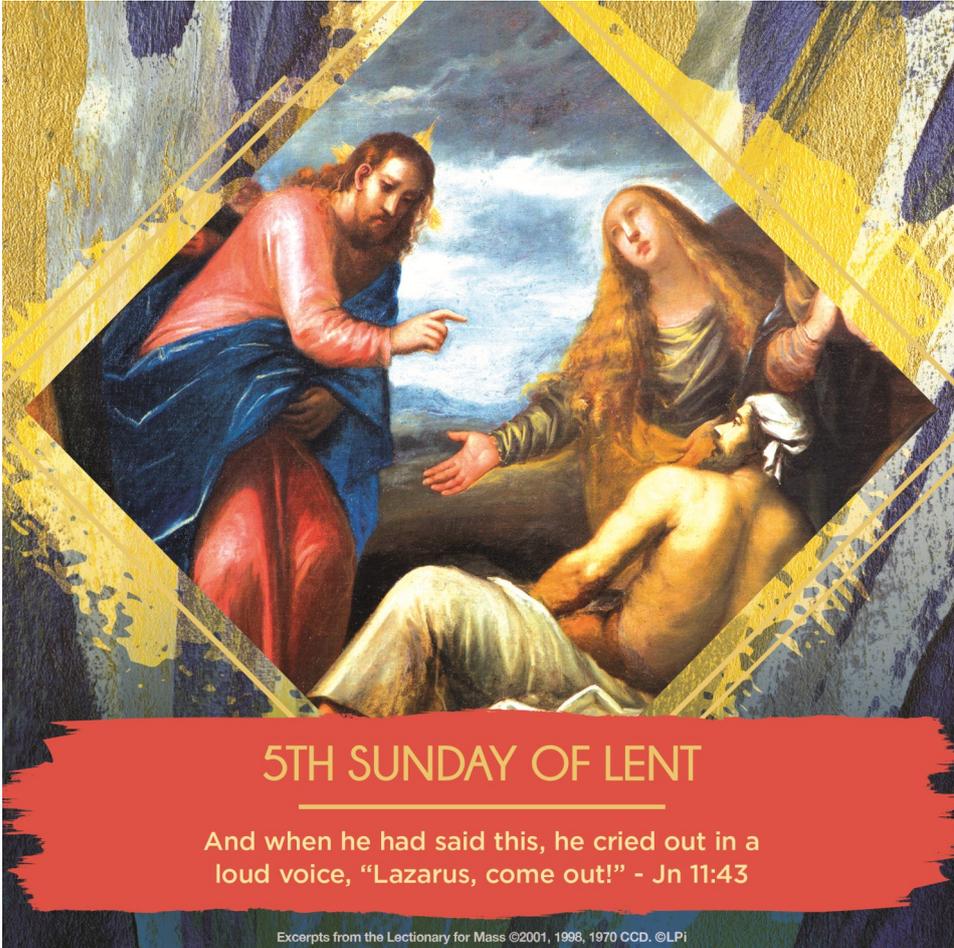
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TO ACCESS THE
SUNDAY READINGS



Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

22 MARCH 2026 | YEAR A



5TH SUNDAY OF LENT

And when he had said this, he cried out in a loud voice, "Lazarus, come out!" - Jn 11:43

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

Ezekiel 37:12-14

The Lord promises to raise his people from the dead.

RESPONSORIAL PSALM

Ps 129. R. v.7

With the Lord there is mercy and fullness of redemption.

SECOND READING

Romans 8:8-11

The Spirit of God dwells in us.

GOSPEL ACCLAMATION

See John 11:25. 26

*Glory and praise to you,
Lord Jesus Christ!*

I am the resurrection and the life, says the Lord; whoever believes in me will not die for ever.

*Glory and praise to you,
Lord Jesus Christ!*

GOSPEL

John 11:1-45

Jesus raises Lazarus from the dead.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am

Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



Welcome to NORTH HARBOUR

- You are invited
- Join us in our varied celebrations & activities
- Consider sharing your gifts to us

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FACEBOOK PAGE

WHY DO WE DO THAT?

Catholic Life Explained

Question:

Why is the Vatican sometimes called the “Holy See?”

Answer:

A little background in ecclesiology will help explain why we call the Vatican the Holy See. The Church is very structured and organised in its hierarchy. A diocese is a geographic area governed by a bishop appointed by the Pope. Each diocese is further broken down into parishes, which have pastors who represent the bishop in his teaching authority.

The Diocese of Rome has a particular role in the Church because of its importance and antiquity. The Pope is head of the Church because he is the Bishop of Rome. Every bishop has a seat or throne, which is the symbol of his teaching authority and is located in the cathedral of each diocese. The Latin word for seat is “sedes.” So each diocese can be referred to as a “see.” Most people think that St. Peter’s is the cathedral of Rome, but St. John Lateran Basilica is actually the cathedral of the Archdiocese of Rome. This is where the Pope’s seat or throne as Bishop of Rome is found. So, the Holy See is a reference to the chair of Peter, the Pope’s Chair. ©LPi

BRINGING HOME THE GOSPEL

In 2023, during my sabbatical, I visited the Augustinian community in Ghent, Belgium. Among the many beautiful things I saw, one painting made me do something I absolutely did not expect: I laughed.

Not because it was funny — but because it was so relatable. Christ, crowned with thorns, eyes closed, His hand covering His face in that universal expression of: “I cannot deal with this right now.”

It was the most human exhaustion I had ever seen painted on the face of Jesus. And after I stopped chuckling at how familiar that expression felt, the deeper truth of it settled into me.

As we stand on the 5th Sunday of Lent, with Holy Week drawing near, this image feels painfully relevant. Our world is weary. The suffering in the Middle East continues to break hearts and homes. Families everywhere are stretched. People carry quiet anxieties. Even creation seems tired. And many of us walk around with that same look Jesus has in the painting — the “Lord, give me strength... and maybe a nap” look.

And yet, this is precisely where the grace of the image lies.

Jesus doesn’t only suffer for us. He suffers with us.

He knows what it is to feel overwhelmed by the world’s pain. He knows what it is to carry the weight of love in a broken time. He knows what it is to be exhausted — not just physically, but deep in the soul.

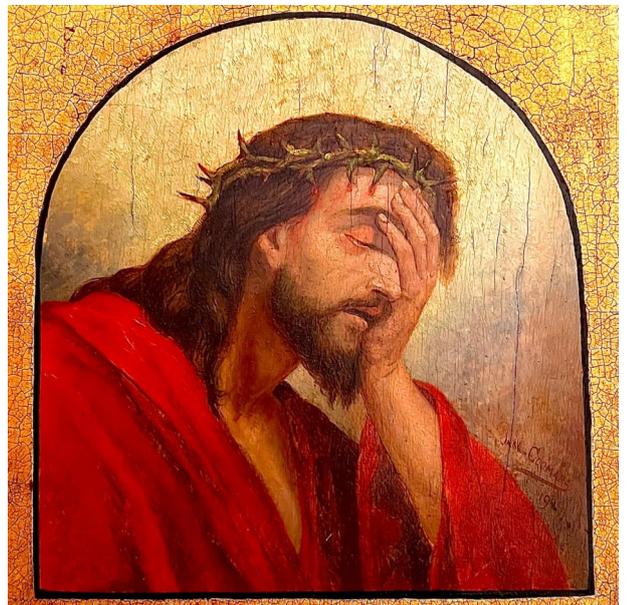
And still, He stays. He remains present. He continues to love.

As Lent enters its final stretch, perhaps this is the invitation: to recognise that Christ meets us not when we are strong, polished, and prayerful, but when we are tired, stretched, grieving, or simply trying to get through the day.

An exhausted Christ for an exhausted world — and still, a Christ who never stops loving.

As we prepare to walk with Him into Holy Week, may we find comfort in knowing that even when the world feels heavy — from global conflicts to the burdens in our own homes — Christ is right beside us... probably looking just as tired, but still choosing love.

✉ *Fr Myk Belonio, osa*





ST PATRICK'S EVENING

Thank You

Many thanks to everyone who attended the St Patrick's evening last Saturday night.

We had around 46 people including 7 of our Augustinian priests attend. It was a fun night of laughter, music, yummy food, some Guinness and wine. Funds raised for AFA totalled \$480 which is great.

Many thanks also to Danielle & Linda for initiating the night again this year and to everyone who helped to set up the parish centre and cleaned and packed up afterwards.

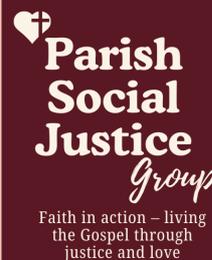


Baptism Preparation Courses 2026

June 7
August 2
October 4
December 6

Seder Meal

The Social Justice Group will be serving the Seder Meal prior to the Tenebrae Liturgy of the Shadows on Holy Wednesday. We welcome any volunteers happy to assist in the preparation and clearing up of this evening.

 **Parish Social Justice Group**
Faith in action – living the Gospel through justice and love

Next SJ meeting

**Monday
13th April
7:00PM
Parish Centre
2 King Street,
Manly Vale**
All are welcome!

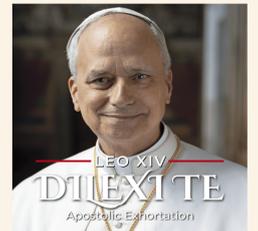
Long Walk For Water

Support Caritas by joining our parish team or sponsoring our walkers. The Long Walk for Water invites you to walk 30 minutes a day to help provide clean water to vulnerable communities. Scan the QR code to get involved.



Breaking Open Dilexi Te

Join parish leaders across the Diocese for a day of formation in social justice ministry. Build your confidence, connect with others, and explore Dilexi Te – “On Love of the Poor,” reflecting on the teachings of Pope Leo XIV. All ministers, volunteers, and leaders are welcome.



**Saturday 28 March
10:30am – 4:00pm
Ambrose Centre**
(across the church carpark)

Register at
mission@bbcatholic.org.au

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Winter Dale Reyes, Donald, Xi, Susie, Vladimir and Charles, Fr David Taylor, Nigel Manchee, Remo Dellagiocoma, Odette James, Joyce Arnold, Peter & Jan Van de Velde, Cecilia Yeung, Gemma Mangelsdorf, Rodney Arnold

RECENTLY DECEASED:

Fr John William McCall OSA, Scholastica Lakra, John Santos

ANNIVERSARIES:

Sr Marie Gerard McGlynn SGS, Kathleen Osborne, Rosa Deflorio, Alfonso, Adela, Eduardo and Ronelo Conado, John Moscrop

Our community would love to pray for you.
If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au



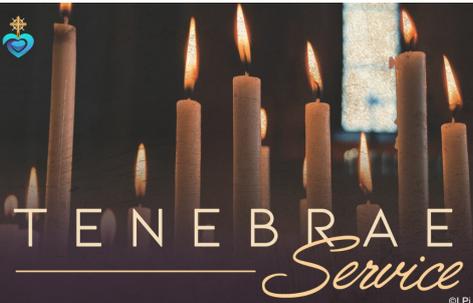
Adoration at the Altar of Repose

On Holy Thursday, after the Mass of the Lord's Supper, the Blessed Sacrament is carried in solemn procession to the altar of repose.

This quiet vigil recalls Jesus going with His disciples to the Garden of Gethsemane, inviting them to "stay here and keep watch with me."

It is a time for stillness, gratitude, and companionship with the Lord on the night He gives Himself completely for us.

The church will remain open for silent prayer following the procession until 9:30pm. You are warmly invited to spend some time in adoration - whether for a few minutes or longer - resting in the presence of Christ and holding in prayer the needs of our families, our parish, and our world.



If you've never heard of *Tenebrae* before, you're not alone – and that's exactly why we're excited to share it with you.

Tenebrae (Latin for "shadows") is an ancient and dramatic prayer of the Church.

Through Scripture, music, candlelight, and silence, we journey with Christ into the growing darkness of His Passion.

As the candles are gradually extinguished, the church is drawn into deep stillness – a powerful reminder of the world waiting for the light of Easter.

Come and experience this solemn and evocative liturgy as we prepare our hearts for the Sacred Triduum.

All are Welcome!

**1 APRIL AT 8:00PM
ST KIERAN'S CHURCH**

JOIN US FOR A



SIMPLE SEDER MEAL



**1 APRIL 7:00PM
ST KIERAN'S PARISH CENTRE**

This is a gentle, low-key experience using the basic Passover foods – the same symbols Jesus shared with His disciples at the Last Supper.

Together, we'll taste the story of God leading His people from slavery into freedom, and reflect on how this ancient meal shapes our understanding of Holy Week.

It's relaxed, meaningful, and a beautiful way to enter the heart of the Easter story.

Please bring a plate of salad, wine, whole hard-boiled eggs

ALL ARE WELCOME!



Please help donate palms for *Palm Sunday*

DROP-OFF DETAILS:
Friday 27th of March
preferably in the afternoon
at the Parish Office



On behalf of Bishop Anthony, we warmly invite all parishioners to attend the

CHRISM MASS

31 March | 7:30PM
Our Lady of the Rosary
Cathedral

Parish Lenten Recollection



REFLECTION ON ST FRANCIS OF ASSISI

Wednesday, 25 March
St Kieran's Parish Centre
Light supper at 7pm
Recollection begins at 7.30pm
Speaker: **Dr David Leary, OFM**

Theme:

A reflection on St Francis of Assisi, in light of Pope Leo XIV declaring this year a special jubilee for the 600th anniversary of St Francis' Transitus.

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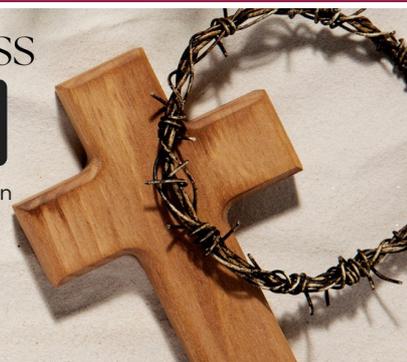
Thank you for standing with us, as we Unite Against Poverty this Lent.

STATIONS OF THE CROSS

**FRIDAYS DURING LENT
7:30PM, ST KIERAN'S**

Join us for this time of prayer and reflection on the Passion and Death of Jesus on:

- **20 & 27 February**
- **6, 13, 20 & 27 March**





GOOD FRIDAY 2026

STATIONS OF THE CROSS

9:00AM | 3 APRIL
St Augustine's College Oval
Parking outside the College
Entry via Alfred Road

In the event of wet weather, Stations will be held at St Kieran's Church



Holy Week 2026 at North Harbour Parish

PALM SUNDAY | 29 MARCH

Saturday Vigil 5:30PM, Sunday 7:30AM, 9:30AM & 5:00PM :

Mass at St Kieran's Church

9:00AM: Mass at St Cecilia's Church

**blessing of palms before each mass*

HOLY WEDNESDAY | 1 APRIL

7:00PM: Seder Meal at St Kieran's Parish Centre

**Please bring a plate of salad, wine, whole hard boiled eggs*

8:00PM: Tenebrae at St Kieran's Church

HOLY THURSDAY | 2 APRIL

7:30PM: Mass of the Lord's Supper at St Kieran's Church

Followed by Exposition of the Blessed Sacrament

and Night Prayer at 9:30PM.

GOOD FRIDAY | 3 APRIL

9:00AM: Stations of the Cross at St Augustine's College Oval

Parking outside the College; Entry via Alfred Rd

**In the event of wet weather, Stations will be held at St Kieran's Church*

2:00PM: Reconciliation at St Kieran's Church

3:00PM: Passion of the Lord at St Kieran's Church

3:00PM: Passion of the Lord at St Cecilia's Church

HOLY SATURDAY | 4 APRIL

8:30AM: Morning Prayer at St Kieran's Church

5:00PM: Reconciliation at St Kieran's Church

7:00PM: Easter Vigil at St Kieran's Church

Followed by light supper at the Parish Centre

EASTER SUNDAY | 5 APRIL

7:30AM & 9:30AM: Mass at St Kieran's Church

9:00AM: Mass at St Cecilia's Church

Volunteers Needed FOR EASTER VIGIL

After the Vigil Mass, a light supper will be served at the Parish Centre. We kindly ask for **volunteers** to **assist with clean-up** afterwards.



PLEASE CONTACT URSULA FOR MORE DETAILS

Staff Update

Caroline Ng has concluded her role as Media and Communications Coordinator as of 13 March. *Thank you for your dedicated service to the parish.*

Marianne Deveza, our Music Ministry Coordinator, will serve as Acting Media and Communications Coordinator while the parish begins the process of finding a replacement.

Our Parish Spirit Group invites you

Grief & Faith: A Lenten Journey

a talk by **Jenny Smith**, Director of Simplicity Funerals

27 March 2026 | 7PM

St Kieran's Parish Centre

Jenny brings a wealth of experience in supporting grieving families and friends as they come to terms with loss.

Come along and hear her valuable insights on grief and healing.

All are welcome



SUBSCRIBE

<https://tinyurl.com/catholicparish-newsletter-subs>

PARISH Newsletter

Update

SCAN HERE



Some parishioners may have stopped receiving our parish newsletter due to new email security measures that sometimes block bulk emails.

If you are no longer receiving the newsletter and would like to continue, please subscribe again using the link or scan the QR code.

Re-subscribing will help ensure you continue receiving important parish updates and news.

Thank you for your understanding and support.



IN LOVING MEMORY OF

Fr John William 'Jake' McCall OSA

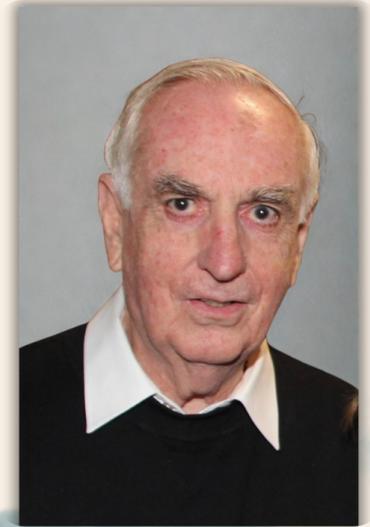
2 February 1933 - 17 March 2026

FUNERAL MASS

Thursday 26 March | 10.30AM

St Kieran's Church

followed by refreshments at the Parish Centre



VIGIL

Monday 23 March | 7PM

St Kieran's Church

BURIAL

Monday 30 March | 10AM

Frenchs Forest Bushland Cemetery

Sharing the Gospel

If your sister is very sick, pray for her. Ask God to send his healing power to make your sister feel better. Decorate a card to make her feel better. Fix her a bowl of chicken noodle soup on a tray with a few crackers. Put a cool damp cloth on her forehead to keep her fever down. Put a colourful blanket on her to keep her warm. Your loving care will help her feel better.

Prayer

Jesus, please heal the sick in our church community.

Mission

I will ask God in the morning and at night to make my family healthy and wise.

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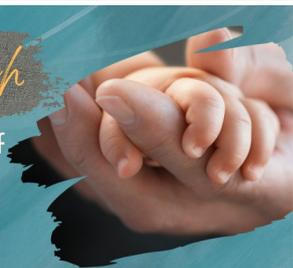
Read the Gospel of the week and color the image.



Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility





For Your law's sake I have kept faith with You, my Lord, since You have thought it worthwhile to lay down for me the law of mercy, to forgive me all my sins and to admonish me on other matters lest I offend You.

Commentary on Psalm 129, 3

- St. Augustine of Hippo

NEXT WEEKEND (29 MARCH 2026): PALM SUNDAY OF THE PASSION OF THE LORD, YEAR A

<p>FIRST READING Isaiah 50:4-7 <i>Despite rejection, Isaiah does not abandon his call.</i></p> <p>RESPONSORIAL PSALM Ps 21:8-9. 17-20. 23-24. R. v.2 <i>My God, my God, why have you abandoned me?</i></p> <p>SECOND READING Philippians 2:6-11 <i>Jesus made himself lowly and was exalted.</i></p> <p>GOSPEL ACCLAMATION Philippians 2:8-9 <i>Praise to you, Lord Jesus Christ, king of endless glory! Christ became obedient for us even to death dying on the cross. Therefore God raised him on high and gave him a name above all other names.</i> <i>Praise to you, Lord Jesus Christ, king of endless glory!</i></p> <p>GOSPEL Matthew 26:14 – 27:66 <i>The Passion and death of Jesus.</i></p>	<p>28 MAR, 5.30PM ST KIERAN'S</p> <p>Senior Server Louise</p> <p>Readers Leonie Edelvine Bob (R)</p> <p>Music Parish Choir</p> <p>Communion Min Jenny M tba</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>29 MAR, 7.30AM ST KIERAN'S</p> <p>Senior Server Anna</p> <p>Readers Olivier Lea Tim (R)</p> <p>Music none</p> <p>Communion Min Fiona Jo</p> <p>Powerpoint Joseph</p> <p>Welcomers Volunteers needed</p>	<p>29 MAR, 9AM ST CECILIA'S</p> <p>Senior Server Antoinette/Ilde</p> <p>Readers Brian Jeanette</p> <p>Music Conmen</p> <p>Communion Min Volunteer Needed Volunteer Needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>29 MAR, 9.30AM ST KIERAN'S</p> <p>Senior Server Catherine</p> <p>Readers Brian Terry Fatima (R)</p> <p>Music Caroline</p> <p>Communion Min Titus Geraldine</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>29 MAR, 5PM ST KIERAN'S</p> <p>Senior Server Kevin</p> <p>Readers Celestine Cecilia Linda (R)</p> <p>Music Kevin</p> <p>Communion Min Volunteer Needed Volunteer Needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<p>OBSERVANCES FOR THE WEEK OF 22 MARCH</p> <p>Mon 23 Mar: Monday of the 5th week of Lent</p> <p>Tue 24 Mar: Tuesday of the 5th week of Lent</p> <p>Wed 25 Mar: The Annunciation of the Lord</p> <p>Thu 26 Mar: Thursday of the 5th week of Lent</p> <p>Fri 27 Mar: Friday of the 5th week of Lent</p> <p>Sat 28 Mar: Saturday of the 5th week of Lent</p>				

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

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Office Hours 9.00am to 4pm (Tuesday to Friday)

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Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
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Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu)
Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Media and Communications: Marianne Kaw-Deveza (Acting) E comms@nhcatholic.org.au



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THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



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